

# Key Professional Habits for Professionalism and Integrity in Research

- Hold regular meetings
- Train staff and provide guidance
- Communicate expectations
- Be available and approachable
- Personalize leadership approach to individual needs and expertise
- Recognize different norms and assumptions arising from cultural backgrounds
- Reflect on what is and is not working and try new approaches
- Establish written standard operating procedures for data integrity, etc.
- Manage stress everyday
- Avoid becoming overextended
- Recognize your strengths and partner with people who complement you
- Communicate assertively: recognize others' needs, communicate your own, use "I" statements
- Learn how to hire and staff effectively
- Learn from researchers who are known for their integrity and best practices
- Ask to see work, ensure expectations are being met
- Empower yourself through knowledge of the rules and available resources

<http://bioethicsresearch.org>

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